~San Mateo~ Credit Union

UPCOMING EVENTS

Monday, January 17th Branches & Main Office Closed



Contact Your Representative

Michele Enriquez–Da Silva Office (650) 363-1789 Mobile (650) 533-1493

Branch Locations

Redwood City 619 Bradford Street (Mortgage Loan Center) 525 Middlefield Rd 830 Jefferson Ave 3117 Middlefield Rd

Daly City 415 Westlake Center

Palo Alto 616 Ramona Street, Suite 3

San Mateo 1515 S. El Camino Real

South San Francisco 150 El Camino Real, Suite A

<u>Contact Us</u>

P.O. Box 910 Redwood City, CA 94064 (650) 363-1725 • www.smcu.org

THE HEALTH SAVINGS ACCOUNT (HSA)

Have a high deductible health plan? With the rising costs of health care, Health Savings Accounts (HSAs) are an invaluable option to help families effectively budget for necessary medical expenses.

I heard it through the

VOLUME IV ISSUE I

Health Savings Accounts were created by President Bush in 2003 to combat rising medical costs and help individuals save for future qualified medical expenses on a tax-free basis.

An HSA is an alternative to traditional health insurance; it is a savings product that offers a different way for consumers to pay for their health care.

HSAs are tax-advantaged accounts that feature tax-free withdrawals for qualified medical expenses (consult your tax advisor for more details).

You basically own and control the money in your account and make the decision on how the money will be spent as opposed to relying on a third-party health insurer.

Not sure if you're eligible?

- You must be covered under a highdeductible health plan (HDHP)
- Not covered by any other health insurance

What are the tax benefits?

IANUARY ISSUE

- Tax deductions when you contribute to your account
- Tax-deferred earnings through investments
- Tax-free withdrawals for qualified medical expenses

We have designed the SMCU HSA to include features focused on ease and convenience:

- A high-yield dividend paying account
- The ease of making medical payments by using your HS A VISA Direct Check Card
- Simple set up
- The ability to make deposits at any time
- The convenience of arranging for recurring automatic transfers or depositing a portion of your paycheck via Direct Deposit.

We work with several companies to house the HSA accounts for their employees. We provide assistance in helping the accounts get set-up as well as tutorials on how to manage the account. Best of all, once your employees sign up for an HSA account and become members, they are eligible to take advantage of all the other SMCU products and services. We are pleased to assist our employer groups in setting up accounts.

Please contact Michele Enriquez– Da Silva or visit a branch for more information. For additional information about Health Savings Accounts, please visit the US Treasury website at www.ustreas.gov.



The Solution to High Car Payments

S 2,99% Ask for details

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NEW YEAR, **NEW STUFF** Membership supplies

Do you have enough new-hire packet information? In need of brochures or membership applications? Call me for any of the following, and I will be happy to deliver them to you!

New hire packets (Includes summary sheet, membership application, brochures, and auto buyer brochure)

- Summary sheet (Includes brief history, list of products/ services, list of branches and ATMs)
- Membership applications
- Web link to Repline Newsletter

Web link to SMCU benefits for company intranet

PAYOFF HOLIDAY DFBT

Exercise your credit card too much this past holiday? Pay down debt efficiently with these tips:

- Pay more than the minimum. A \$2,000 debt at 18% will take about 30 years to delete if you just paid the typical minimum of 2%.
- Solution Determine a realistic and fixed amount you can pay each
- If you get a raise or a bonus, apply at least some of it to your debt.
- Sonsider transferring your balances to lower rate cards.
- Seamine your statements to see which accounts you are paying the most in finance charges- then pay as much as you can to that debt while paying the minimum to the others. Once that account is paid off, concentrate on the next most expensive.
- Sector After you have built up emergency savings, use extra cash to pay off debt. It doesn't make sense to pay 18% interest on a debt while your savings is only earning 2%





Here are some ideas you can use throughout the year to make April 15th less taxing.

1. Be organized – Having your tax documents well prepared will make your return easier and may help with deductions you may have forgotten about. Consider using a software program like Quicken or Microsoft Money to keep you organized. You should also keep a file of receipts and other records you know you will need.

2. Be sure to contribute to your 401(k) plan- By deferring wages into your plan, you will keep your taxable income lower, save money for retirement, enjoy the benefits of taxdeferred compounded earnings within the account, and possibly get some form of "match" from your employer.

3. Use proper withholding and estimated payments – While getting a large tax refund is nice, it usually is not too smart to let the government hold your money until they refund your overpayment. There are rules about how much you must have withheld or paid in estimates to avoid IRS penalties. You may want to consult with your accountant to make sure you are properly covered.

4. Consider giving appreciated stock to charities- If you plan to make significant contributions to a charity and have some stocks you are holding at a gain, you may want to consider giving the stock instead of cash. You can get a charitable contribution for fair market value of the gift and not pay taxes on capital gains. There are some rules that apply, so consult your advisor.

5. Contribute to your IRA early- The earlier you contribute, the sooner the earnings become tax deferred.

6. Get help if you have any complications – If you have stock options, think you may be subject to the alternative minimum tax or are expecting any unusual tax items, talk to your advisor early in the year. Proper planning may help you avoid unpleasant surprises next tax season.

